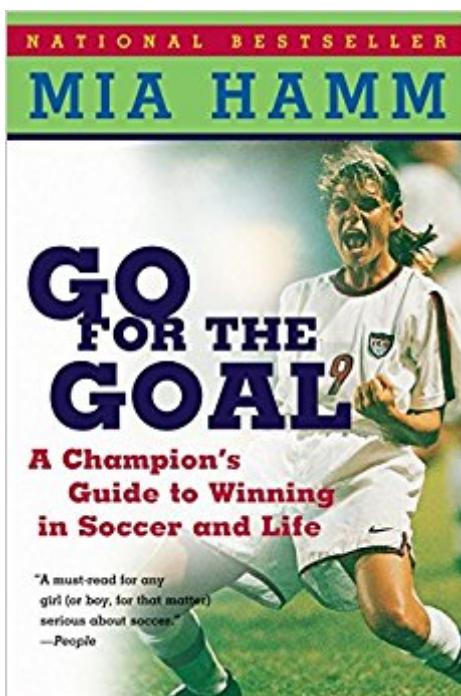


The book was found

Go For The Goal: A Champion's Guide To Winning In Soccer And Life



Synopsis

For the more than seven million girlsâ "from knobby-kneed tykes to high school and college starsâ "who are tearing across the country chasing a soccer ball and dreams of glory, there is one name that eclipses all others, male or female: Mia Hamm. With her cheetahlike acceleration and lightning-bolt shot, Hamm broke nearly every record in her sport, while galvanizing a whole generation of fans and players. Go for the Goal is not only the inspiring story of how a tiny suburban sprite became a global terror with a ball (and the world) at her feetâ it's also a step-by-step or dribble-by-dribble guide for any kid with the all-American dream of making the team and becoming a champion. Filled with personal anecdotes and fully illustrated with both action and instructional photographs, Go for the Goal shows readers exactly how to master the silky skills and techniques that made Hamm and her teammates the finest women's soccer team in the world.

Book Information

Paperback: 256 pages

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Average Customer Review: 4.5 out of 5 stars 88 customer reviews

Best Sellers Rank: #119,526 in Books (See Top 100 in Books) #25 in Books > Biographies & Memoirs > Sports & Outdoors > Soccer #70 in Books > Sports & Outdoors > Soccer #1670 in Books > Self-Help > Motivational

Customer Reviews

Mia Hamm, star of the U.S. National Soccer Team, Olympic Gold Medalist, World Cup champion, and five-time National Player of the Year, has a simple take on her talents that also explains her success: "Many people say I'm the best women's soccer player in the world. I don't think so. And because of that, someday I just might be." That's what's so appealing about Hamm as a role model, and it's the inspirational message at the heart of her autobiography. But Goal is only in part about herself--"There is no me in Mia," she suggests. Sure, she tells the story of the Army brat who rose to international stardom, but her book is really a pep talk and soccer instructional aimed at the hearts of the countless young women hoping to fill her enormous cleats. Mixing anecdote and opinion--she

insists Kristine Lilly is the best player in the world, period--with lots of solid coaching and practical advice, Hamm breaks the game down into its essential skill components (trapping, passing, dribbling, shooting, heading, goaltending) and then addresses both the mental and physical aspects of the game in prose that talks up--not down--to her target readers. Photos (some to teach, some clearly to wow), diagrams (x's and o's of drills and plays), and tips from her teammates (Michelle Akers says, "There is a difference between a finisher and shooter.... The players who score tons of goals are the ones who can not only shoot but finish with deadly accuracy") help her cover the field, and Hamm scores additional points with the same contagious spirit she demonstrates every time she puts on her uniform. --Jeff Silverman --This text refers to an out of print or unavailable edition of this title.

"A must-read for any girl (or boy, for that matter) serious about soccer."--"People

great description, gave it as a gift to my niece.

My ten year old is reading this right now. I have bought her several soccer books because she loves soccer. This is her favorite. She loves it!!

Sent as a gift to a young lady who is a rising soccer star in high school. She was elated, "couldn't put it down" once she started reading it.

Excellent book. Motivational, technical, appealing to soccer players of all ages, especially girls who are ten years old and up Entertaining for adults as well.

Good book if you are new competitive soccer or coaching, but not a lot of unique insights that I haven't seen elsewhere in other books.

My daughter very much enjoyed this book. Lots of details about this exciting athletes' rise to greatness. Inspirational and hard-to-put-down kind of book.

A hero for young female soccer players shares her youth, specific skills, the power and meaning of being a team player.

Overall good book for my granddaughter. Sports heroes don't have to just be men athletes. Mia accomplished so much during her career, I can think of no better sports role model.

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